

**FLINT HILL
SCHOOL**

**CAMPUS
REOPENING
PLAN**

SEPTEMBER 2020

TABLE OF CONTENTS

INTRODUCTION TO THE CAMPUS REOPENING PLAN

FLINT HILL COVID-19 HEALTH PLEDGE

ACADEMIC PLAN

Understanding the Learning Formats	3
Lower School	4
Middle School	11
Upper School	17
Technology	28
Technology Tools	28
Technology Assistance	28

HEALTH GUIDELINES

Face Masks	29
Face mask information for Lower School students	29
Face mask information for Middle and Upper School students	29
Face mask information for employees	29
Hand Hygiene	30
Physical Distancing	30
On-Campus Informal and Formal Student Gatherings	30
Temperature and Symptom Screening	30
Home Screening	31
School Screening	31
Health Clinics	31
Mental Health/School Counselors	32
Confirmed COVID-19 Exposure Protocol	32
Positive COVID-19 Test Protocol	32
Campus Cleaning	33
Air Circulation	33

LOGISTICS

Important Dates (Updated 2020-21 Calendar Highlights)	34
School Day Start and End Times by Division	34
AfterCare	34
Lunch	34
Bus Service	35
Visitors	35

GETTING READY FOR THE START OF SCHOOL

INTRODUCTION TO THE CAMPUS REOPENING PLAN

Our core values of act with integrity, lead and support with compassion, and respect and value all equally — especially combined with our new values of “imagine what’s possible” and “blaze the trail” — have never been more important. They are the foundation and measure of all we do. The mindset needed to blaze a trail has allowed us to develop thoughtful plans in the midst of a crisis. The courage to imagine what’s possible has guided us in our work toward opening school this fall.

We understand that the start of this school year is filled with mixed emotions for all of us. The Flint Hill family’s well-being has been at the heart of our planning discussions. We care deeply about our students, faculty, staff and families and the interconnected difference we make in each other’s lives.

Our planning has been informed by the important work of the Centers for Disease Control and Prevention, Virginia Department of Health, Virginia Department of Education, Virginia Council for Private Education, Association of Independent Schools of Greater Washington, Virginia Association of Independent Schools, National Association for Independent Schools and other educational organizations. We are grateful to the doctors, health professionals, IT companies, engineers, architects and cleaning professionals who shared their expertise and time with us during our planning process. We are also thankful to all of you for the roles you have played in bringing us to this point.

As we all know, the circumstances surrounding COVID-19 are ever-changing. As a result, this is a living document — we will continue to be nimble and constantly reconsider, and as necessary, adapt our plans for the school year and will keep you updated every step of the way.

We are excited and optimistic about this new beginning and look forward to seeing you in-person or online very soon.

FLINT HILL COVID-19 HEALTH PLEDGE

We have a shared responsibility to stay healthy and preserve the well-being of others in our community — our ability to continuously provide in-person instruction to our students depends on it. Please carefully review the [Flint Hill COVID-19 Health Pledge](#), which reflects our collective commitment to keeping our community safe.

As a private institution, we are in a unique and privileged position to have the opportunity to offer in-person learning. This opportunity comes with responsibility to ourselves, each other and our community.

As we return to campus, all Flint Hill family members play an important part in keeping our entire community healthy. Our individual and collective choices, on and off campus, are directly tied to Flint Hill's ability to provide learning on campus and to keep our community healthy. We value the role of personal engagement in education and the positive difference it makes for an individual and society.

Flint Hill School's core values are not words we use lightly — they are the foundation and measure of all we do. Our core values of act with integrity, lead and support with compassion, and respect and value all equally — especially combined with our new values of “imagine what's possible” and “blaze the trail” — have never been more important.

As a member of the Flint Hill community:

1. I will follow the face mask guidelines.
2. I will practice proper hand hygiene.
3. I will maintain appropriate physical distancing while at school or when interacting with teachers, staff and other students.
4. I will stay home if my temperature is 99.6° F or above.
5. I will monitor myself for COVID-19 symptoms such as a rising temperature, non-allergy related cough, sore throat, runny nose, loss of taste and/or smell, shortness of breath, fatigue, head, body and muscles aches, diarrhea and vomiting.
6. I will participate in campus temperature screening.
7. I acknowledge that my mental health and the mental health of those around me are equally as important as my physical health.
8. I understand that my behavior while not at school can potentially impact other members of the Flint Hill community both in positive and negative ways.
9. I will help both the Flint Hill community and those in the broader community by committing to this pledge.

ACADEMIC PLAN

For the 2020-21 school year, instead of our traditional letter day schedule, Flint Hill will use a five-day schedule in all three divisions. In the event that we are required by the Governor or external conditions to revert most or all of our students to distance learning, this will make that transition easier to manage.

Families will select which learning format their student/s will start the school year with — on-campus or virtual. Families may change their selection quarterly. Below are general descriptions of each learning format, followed by division-specific details and schedules.

UNDERSTANDING THE LEARNING FORMATS

On-Campus Learning - In [Phase 3](#), on-campus learners in grades JK-8 will attend school in person five days per week. In the Upper School, the on-campus learning option uses a hybrid approach in which students will attend school in person two days per week and virtually three days per week.

Virtual Learning - In [Phase 3](#), families can also choose a virtual learning option, in which students attend school 100% virtually with no on-campus instruction. Students who are temporarily unable to attend school on campus due to illness or required quarantine may also attend school as virtual learners until they have been cleared to return to campus.

Distance Learning - Distance learning refers to the schedule that we would use if the Governor declared or if external conditions warranted shifting most or all of our students to learning 100% virtually. Please keep in mind, if we return to [Phase 2](#), students in grades 4-12 will learn virtually, while learners in grades JK-3 will continue to learn on campus.

**ACADEMIC
PLAN:
LOWER
SCHOOL**

LOWER SCHOOL

LOWER SCHOOL ON-CAMPUS LEARNING

The school day hours will be 8:10 a.m.-3 p.m. in the Lower School. On-campus learners in grades JK-5 will follow a homeroom model and students in grade 6 will be in advisories and meet with subject-specific teachers. Specialist teachers will primarily teach in cohorts' classrooms four days per week. To maintain appropriate class sizes for physical distancing, there will be a maximum of 12 students per cohort for most classrooms. To mitigate risk, students will remain as a cohort throughout the school day.

LOWER SCHOOL VIRTUAL LEARNING

The schedules for Lower School On-Campus and Virtual Learning are the same. Virtual learners will participate in their homeroom classes synchronously with Google Meet to maximize their connection to classmates, teachers and the overall Lower School community. They will see and hear what is happening in the classroom and will be able to interact during activities and discussions in real time. Depending on a child's age, stamina and ability to work independently, students may need adult support during the day. During the first few weeks of virtual learning, parents of students in grades JK-2 should plan to help their children log into Google Meet, attend classes and provide additional support as needed. In addition to their homeroom teacher or advisor, virtual learners will be supported by a virtual learner support teacher who will regularly check in with them and provide support for reading, writing, math, social studies, science and specialist subjects as needed.

SAMPLE EARLY CHILDHOOD (GRADES JK-3) LOWER SCHOOL ON-CAMPUS SCHEDULE (ON-CAMPUS AND VIRTUAL LEARNER)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. DUTIES					
8:00 A.M.					
	Morning Meeting 8:15–8:40 a.m.	Wellness 8:10–8:40 a.m. Lisa Hoff	Morning Meeting 8:10–8:30 a.m.	Morning Meeting 8:10–8:30 a.m.	Morning Meeting 8:10–8:30 a.m.
8:30 A.M.	Math 8:40–9:30 a.m.	Math 8:40–9:30 a.m.	Math 8:30–9:30 a.m.	Innovation 8:30–9:30 a.m.	Math 8:30–9:30 a.m.
9 A.M.					
9:30 A.M.	Snack 9:30–10 a.m.	Snack 9:30–10 a.m.	Snack 9:30–10 a.m.	Snack 9:30–10 a.m.	Snack 9:30–10 a.m.
10 A.M.	Break 10–10:30 a.m.	Break 10–10:30 a.m.	Break 10–10:30 a.m.	Break 10–10:30 a.m.	Break 10–10:30 a.m.
10:30 A.M.	Reading 10:30–11:30 a.m.	Reading 10:30–11:30 a.m.	Reading 10:30–11:30 a.m.	Music 10:30–11 a.m.	Reading 10:30–11:30 a.m.
11 A.M.				Comp Science 11–11:30 a.m.	
11:30 A.M.	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon
NOON	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.
12:30 P.M.	Writing 12:30–1 p.m.	Writing 12:30–1 p.m.	Choice Time 12:30–1 p.m.	Spanish 12:30–1 p.m.	Writing 12:30–1 p.m.
1 P.M.	Social Studies Science 1–2:30 p.m.	Social Studies Science 1–2:30 p.m.	Social Studies Science 1–2:30 p.m.	Art 1–2 p.m.	Social Studies Science 1–2 p.m.
1:30 P.M.					
2 P.M.				Library 2–2:30 p.m.	Closing Circle and Pack Up 2–2:25 p.m.
2:30 P.M.	Closing Circle and Pack Up 2:30–3 p.m.	Closing Circle and Pack Up 2:30–3 p.m.	Closing Circle and Pack Up 2:30–3 p.m.	Closing Circle and Pack Up 2:30–3 p.m.	P.E. 2:25–2:55 p.m.
3 P.M.					
P.M. DUTIES					

SAMPLE UPPER ELEMENTARY (GRADES 4-6) LOWER SCHOOL ON-CAMPUS SCHEDULE (ON-CAMPUS AND VIRTUAL LEARNER)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. DUTIES					
8:00 A.M.					
	Morning Meeting 8:15–8:40 a.m.	Morning Meeting or CPR 8:10–8:30 a.m.	Morning Meeting or CPR 8:10–8:30 a.m.	Morning Meeting or CPR 8:10–8:30 a.m.	Morning Meeting or CPR 8:10–8:30 a.m.
8:30 A.M.	Language Arts 8:40–9:30 a.m.	Language Arts 8:30–9:30 a.m.	Innovation 8:30–9:30 a.m.	Language Arts 8:30–9:30 a.m.	Library 8:30–9:15 a.m.
9 A.M.					
9:30 A.M.	Break 9:30–10 a.m.	Break 9:30–10 a.m.	Break 9:30–10 a.m.	Break 9:30–10 a.m.	Break 9:30–10 a.m.
10 A.M.	Math 10–11 a.m.	Math 10–11 a.m.	Spanish 10–10:50 a.m.	Math 10–11 a.m.	Math 10–11 a.m.
10:30 A.M.					
11 A.M.	Language Arts 11–11:30 a.m.	Language Arts 11–11:30 a.m.	Language Arts 11–11:30 a.m.	Wellness 11–11:30 a.m.	Language Arts 11–11:30 a.m.
11:30 A.M.	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon	Recess 11:30 a.m.–Noon
NOON	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.	Lunch Noon–12:30 p.m.
12:30 P.M.	Social Studies Science 12:30–1:40 p.m.	Innovation 12:30–1:30 p.m.	Art 12:30–2 p.m.	Language Arts 12:30–1:30 p.m.	Language Arts 12:30–1:30 p.m.
1 P.M.					
1:30 P.M.	Spanish 1:40–2:30 p.m.	Social Studies Science 1:30–2:20 p.m.	Closing Circle and Pack Up 2–2:20 p.m.	Social Studies Science 1:30–2:30 p.m.	PE 1:30–2:15 p.m.
2 P.M.					
2:30 P.M.	Closing Circle and Pack Up 2:30–3 p.m.	Music 2:20–3 p.m.	Music 2:20–3 p.m.	Closing Circle and Pack Up 2:30–3 p.m.	Closing Circle and Pack Up 2:30–3 p.m.
3 P.M.					
P.M. DUTIES					

LOWER SCHOOL DISTANCE LEARNING

The Lower School Distance Learning Schedule incorporates adjustments and enhancements to our spring 2020 program based on student, teacher and parent feedback that was collected throughout the fourth quarter. Four days a week, students would have three live lessons with their homeroom teacher/s that would include the core subjects of math, language arts, science and social studies. These sessions would combine whole and small group instruction and synchronous and asynchronous learning. Once a week, students would receive live instruction from the specialist teachers that will also combine synchronous and asynchronous learning. Students would have at least one weekly one-on-one check-in with their homeroom teacher.

LOWER SCHOOL DISTANCE LEARNING SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30–8:30 a.m.	Get Ready for School	Get Ready for School	Get Ready for School	Get Ready for School	Get Ready for School
8:30–8:50 a.m.	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
8:50–9 a.m.	Movement Break	Movement Break	Movement Break	Movement Break	Movement Break
9–10 a.m.	Live Teacher Lesson #1 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning	One or two specialist classes. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #1 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #1 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #1 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.
10–10:30 a.m.	Snack/Playtime	Snack/Playtime	Snack/Playtime	Snack/Playtime	Snack/Playtime
10:30–11 a.m.	Live Teacher Lesson #2 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	One or two specialist classes. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #2 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #2 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #2 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.
11:30 a.m.–Noon	Quiet Reading Time	Quiet Reading Time	Quiet Reading Time	Quiet Reading Time	Quiet Reading Time
Noon–1 p.m.	Lunch/Recess	Lunch/Recess	Lunch/Recess	Lunch/Recess	Lunch/Recess
1–1:45 p.m.	Student Office Hours or Individual Work Time	Individual Work Time	Student Office Hours or Individual Work Time	Student Office Hours or Individual Work Time	Student Office Hours or Individual Work Time
1:45–2:45 p.m.	Live Teacher Lesson #3 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	One or two specialist classes. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #3 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #3 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.	Live Teacher Lesson #3 Core or specialist subject, direct instruction, and individual or group work. A mix of synchronous and asynchronous learning.
2:45–3 p.m.	Closing Circle	Closing Circle	Individual Work Time	Closing Circle	Closing Circle
4:30–5 p.m.	Get prepared for the next day of school.	Get prepared for the next day of school.	Get prepared for the next day of school.	Get prepared for the next day of school.	Get prepared for the next day of school.

- Synchronous Learning – Students will be “live” online with their homeroom teacher(s)
- Asynchronous Learning – Students to work independently, with detailed instructions from their teachers

KEY TERMS AND PHRASES

Get Ready for School - Students should be responsible for getting up, getting appropriately dressed for school, making their beds, tidying their room, and making and eating their breakfast. Students may wear free dress every day. Every Friday is Husky Pride Day, and they may wear School colors or spirit wear. They should be ready to start school at 8:30 a.m., with their charged iPads and other materials that are required for learning that day.

Online Morning Meeting and Movement Break - This block of time is a synchronous learning time. Students will be “live” online with their homeroom teachers, using [Google Hangouts Meet](#). In the first few weeks of distance learning and depending on the age and independence level of the child, parents of students in grades JK-2 should plan to attend the Morning Meeting. A goal will be to have students transfer expectations for learning to the home environment.

Snack and Playtime - Depending on age and independence level, students should be responsible for making and eating their own snacks and then taking time for free play outdoors if the weather is good.

Quiet Reading Time - Students will be provided with a story of the day by Lower School Information Specialist Michelle Plaut. Students may also have reading assigned by their teacher/s.

Lunch and Recess - Depending on age and independence level, students should be responsible for making their lunch and then take time for free play outdoors if the weather is good. This could also be a time for students to have virtual lunch and playdates with classmates.

Student Office Hours or Individual Work Time - 15 minutes, 1:1 virtual check-in meetings will be scheduled with their homeroom teacher/s once a week. If students are not in a meeting, this block of time is asynchronous learning time. Students are to work independently with detailed instructions from their teachers. This block of time may also be used to complete unfinished tasks.

Husky Fun Day - We will continue to nurture our Flint Hill community and support students’ social-emotional learning by engaging in Husky Fun Days. These will take place once a week during the last period of the day where students and teachers will have the opportunity to plan a fun virtual activity for the class to participate in, e.g., virtual board games, virtual charades, share your pet, building, making, etc.

Getting Prepared for the Next Day of School – Students should prepare their school workspace using the checklist provided by the classroom teacher. They should charge their iPad and have all their materials prepared for the next day of school.

**ACADEMIC
PLAN:
MIDDLE
SCHOOL**

MIDDLE SCHOOL

MIDDLE SCHOOL ON-CAMPUS LEARNING

The school day hours will be 7:50 a.m.–3:10 p.m. in the Middle School. Each class will meet three times a week for 65 minutes. To maintain appropriate class sizes for physical distancing, there will be a maximum of 12 students in most classrooms. In instances when there are more than 12 students enrolled in a class held in a room with a capacity of 12, some students will attend class virtually from another location in the Middle School. For example, a small group of students from a class that meets on Mondays, Wednesdays and Fridays may be in a classroom on Mondays and Wednesdays but attend synchronously from another supervised space in the Middle School on Fridays. In this example, a student would participate in class twice a week from the classroom with the teacher and would participate in class once a week synchronously from another supervised space in the Middle School.

MIDDLE SCHOOL VIRTUAL LEARNING

The schedules for Middle School Virtual and On-Campus Learning are the same. Virtual learners will meet with their Advisory groups and attend all classes synchronously with Google Meet to maximize their connection to classmates, teachers and the overall Middle School community. They will see and hear what is happening in the classroom and will be able to interact during activities and discussions in real time. Depending on a student's stamina and ability to work independently, they may need adult support during the day. In the first few weeks of virtual learning, parents of virtual learners should help students develop routines to prepare for the school day and ensure that they can comfortably access Google Meets and resources in Google Classroom and Husky Hub. Teachers and advisors will check in with virtual students regularly and tech support will be available through our Help Desk.

MIDDLE SCHOOL ON-CAMPUS SCHEDULE (ON-CAMPUS AND VIRTUAL LEARNER)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:50– 8:10 a.m.	Advisory	Advisory	Advisory	Advisory	Advisory
8:15– 9:20 a.m.	Blue Block	Green Block	Green Block	Blue Block	Green Block
9:25– 10:30 a.m.	Yellow Block	Gray Block	Blue Block	Yellow Block	Gray Block
10:30– 10:45 a.m.	Break	Break	Break	Break	Break
10:50– 11:55 a.m.	Pink Block	Orange Block	Gray Block	Purple Block	Orange Block
11:55 a.m.– 12:45 p.m.	Lunch/ASH	Lunch/ASH	Lunch/ASH	Lunch/ASH	Lunch/ASH
12:50– 1:55 p.m.	Purple Block	Yellow Block	Pink Block	Pink Block	Purple Block
2–3:05 p.m.	Flex/Wellness	Flex/Clubs	Orange Block	Flex/Capstones	Flex/ASH
3:05– 3:10 p.m.	Advisory/Dismissal	Advisory/Dismissal	Advisory/Dismissal	Advisory/Dismissal	Advisory/Dismissal

MIDDLE SCHOOL DISTANCE LEARNING

In the event that all Middle School students must transition to distance learning, we will follow a different daily schedule that incorporates adjustments and enhancements to our spring 2020 distance learning schedule based on student, teacher and parent feedback. Each class would meet synchronously three times a week for 40 minutes and the day would be structured to include clubs and additional asynchronous class sessions.

MIDDLE SCHOOL DISTANCE LEARNING SCHEDULE

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Advisory	8:15–8:25 a.m.	Advisory	Advisory	Advisory	Advisory
8:30–9:10 a.m.	8:30–9:10 a.m.				
9:20–10 a.m.	9:30–10:10 a.m.				
10:10–10:50 a.m.	10:30–11:10 a.m.				
11–11:40 a.m.		Lunch	Lunch	Lunch	Lunch
Lunch	11:50 a.m.–12:30 p.m.		Asynchronous work time		Asynchronous work time
12:40–1:20 p.m.	12:40–1:20 p.m.	Asynchronous work time	Asynchronous work time	Asynchronous work time	Asynchronous work time
1:30–2:10 p.m.	1:30–2:10 p.m.	Asynchronous work time	Independent work time	Independent work time	Independent work time
2:20–3 p.m.	2:20–3 p.m.	Extra Help	Flex/Clubs/Wellness	Extra Help	Flex/Clubs/Wellness
Independent work time	3–3:45 p.m.	Physical Education	Physical Education	Physical Education	Physical Education

KEY TERMS

Synchronous Learning - Students will be “live” online with their advisory and classroom teacher; all color blocks represent synchronous sessions unless otherwise noted.

Asynchronous Learning - Students to work independently, with detailed instructions from their teachers

Advisory - will meet synchronously every morning

Independent work time - Students to work independently on homework, class projects and studying

Extra Help - Students can meet directly with teachers for questions and learning support.

Flex/Clubs/Wellness - flexible time to be used for student activities, clubs, and wellness programming

Physical Education - Students will have synchronous and asynchronous activities related to physical fitness and athletics.

**ACADEMIC
PLAN:
UPPER
SCHOOL**

UPPER SCHOOL

UPPER SCHOOL ON-CAMPUS LEARNING

The school day hours will be 8:10 a.m.–2:55 p.m. in the Upper School. Classes will occur in spaces that are appropriate for both enrollment and physical distancing, which means some classes will occur in larger spaces that are being repurposed for student instruction.

The **9th and 10th grade** cohort will meet synchronously online on Mondays and Tuesdays. On Wednesdays, 9th and 10th grade students will learn from home and have programming for social-emotional learning, Advisory community building, Activity Credit opportunities, club meetings, office hours and one-on-one check-in times with teachers. On Thursdays and Fridays, 9th and 10th grade students will have in-person classes on campus. This means that each class will meet twice on campus and twice synchronously online each week. Students should also expect up to two hours of asynchronous/homework assignments for each class, each week. For AP classes, students can expect up to three hours of homework/asynchronous assignments.

The **11th and 12th grade** cohort will meet in person on campus on Mondays and Tuesdays. On Wednesdays, 11th and 12th grade students will learn from home and have programming for social-emotional learning, Advisory community building, Activity Credit opportunities, club meetings, office hours, one-on-one check-in times with teachers, and college counseling programming. On Thursdays and Fridays, 11th and 12th grade students will have synchronous, virtual classes from home. This means each class will meet twice on campus and twice synchronously online each week. Students should expect up to two hours of asynchronous/homework assignments for each class, each week. For AP classes, students can expect up to three hours of homework/asynchronous assignments. The 11th and 12th grade cohorts are learning on campus on Mondays and Tuesdays specifically to support their participation in virtual college visits, most of which are scheduled for Wednesdays, Thursdays or Fridays this year. This schedule also allows these students to attend weekend college open houses without missing on-campus instruction time.

UPPER SCHOOL VIRTUAL LEARNING

The schedules for Upper School On-Campus and Virtual Learning are the same. A range of instructional strategies will be used in classes and Advisory. They include, but are not limited to, using Google Meet to see, hear and interact with what is happening in the classroom and engaging in pre-recorded and asynchronous material. Teachers and advisors will check in with students regularly and tech support will be available through our Help Desk.

UPPER SCHOOL ON-CAMPUS SCHEDULE (ON-CAMPUS AND VIRTUAL LEARNER, INCLUDES WEDNESDAY)

GRADES 9 AND 10

TIME 45-minute classes	MONDAY 9 & 10 Virtual learning from home	TUESDAY 9 & 10 Virtual learning from home	WEDNESDAY Everyone learns from home **	THURSDAY 9 & 10 On-Campus	FRIDAY 9 & 10 On-Campus	
8:10–8:15 a.m.	Advisory	Advisory	<p>Wednesday is an important day for student learning.</p> <p>See the Wednesday schedule on page 21.</p>	Advisory	Advisory	
	5-min. transition				5-min. transition	
8:20–9:05 a.m.	Synchronous Green	Synchronous Green			Green	Green
	5-min. transition				5-min. transition	
9:10–9:55 a.m.	Synchronous Blue	Synchronous Blue			Blue	Blue
	5-min. transition				5-min. transition	
10–10:45 a.m.	Synchronous 1	Synchronous 1			1	1
	5-min. transition				5-min. transition	
10:50–11:35 a.m.	Synchronous 2	Synchronous 2			2	2
	5-min. transition				5-min. transition	
11:40 a.m.– 12:25 p.m.	Lunch	Lunch			Long Advisory & Lunch	Long Advisory & Lunch
	5-min. transition				5-min. transition	
12:30–1:15 p.m.	Synchronous 3	Synchronous 3			3	3
	5-min. transition				5-min. transition	
1:20–2:05 p.m.	Synchronous 4	Synchronous 4			4	4
	5-min. transition				5-min. transition	
2:10–2:55 p.m.	Synchronous 5	Synchronous 5			5	5

UPPER SCHOOL ON-CAMPUS SCHEDULE (ON-CAMPUS AND VIRTUAL LEARNER, INCLUDES WEDNESDAY)

GRADES 11 AND 12

TIME 45-minute classes	MONDAY 11 & 12 On-Campus	TUESDAY 11 & 12 On-Campus	WEDNESDAY Everyone learns from home **	THURSDAY 11 & 12 Virtual learning from home	FRIDAY 11 & 12 Virtual learning from home	
8:10–8:15 a.m.	Advisory	Advisory	<p>Wednesday is an important day for student learning.</p> <p>See the Wednesday schedule on the next page.</p>	Advisory	Advisory	
	5-min. transition				5-min. transition	
8:20–9:05 a.m.	Green	Green			Synchronous Green	Synchronous Green
	5-min. transition				5-min. transition	
9:10–9:55 a.m.	Blue	Blue			Synchronous Blue	Synchronous Blue
	5-min. transition				5-min. transition	
10–10:45 a.m.	1	1			Synchronous 1	Synchronous 1
	5-min. transition				5-min. transition	
10:50–11:35 a.m.	2	2			Synchronous 2	Synchronous 2
	5-min. transition				5-min. transition	
11:40 a.m.– 12:25 p.m.	Long Advisory & Lunch	Long Advisory & Lunch			Lunch	Lunch
	5-min. transition				5-min. transition	
12:30–1:15 p.m.	3	3			Synchronous 3	Synchronous 3
	5-min. transition				5-min. transition	
1:20–2:05 p.m.	4	4			Synchronous 4	Synchronous 4
	5-min. transition				5-min. transition	
2:10–2:55 p.m.	5	5			Synchronous 5	Synchronous 5

UPPER SCHOOL ON-CAMPUS WEDNESDAY SCHEDULE

Everyone Learns from Home

8–9 a.m.	Asynchronous Learning / Activity Credit Period
9–10 a.m.	Asynchronous Learning / Activity Credit Period
10–11 a.m.	Office Hours 1
11 a.m.–Noon	<p>Special Programs</p> <p><i>As scheduled, various programs for discrete grade levels or the entire Upper School will be scheduled in this hour.</i></p> <p><i>Typically, programs will come from the College Counseling Department, Counseling team, etc. and may include special assemblies or live Town Meetings.</i></p>
Noon–1 p.m.	Lunch/Free time
1–2 p.m.	<p>Meeting Time</p> <p><i>Optional time for student-led clubs to meet online. Teachers will be variously engaged in faculty meetings.</i></p> <p>Week 1 - Class Meeting Grades 9 & 11</p> <p>Week 2 - Students may meet in clubs</p> <p>Week 3 - Class Meeting Grades 10 & 12</p> <p>Week 4 - Students may meet in clubs</p> <p>Week 5* - Students may meet in clubs</p> <p>*When applicable</p>
2–3 p.m.	Office Hours 2
3–4 p.m.	Asynchronous Learning / Activity Credit Period

KEY TERMS AND PHRASES

Advisory - Advisory is a regularly-held meeting of a cohort of students designed to build a smaller network of support within the greater School community.

Flint Hill uses an approach to Advisory based on the principles of Developmental Design, which focuses on greeting and acknowledging students every day and providing opportunities for authentic connection through conversations and activities.

On those days students report to campus, Advisory begins at 8:10 a.m. Punctual arrival by students plays an important part in maintaining accurate attendance records and supporting important safety protocols. In addition to the briefer morning meeting, a “Long Advisory” at 11:40 a.m. coincides with and provides the structure for lunch.

Everyone learns from home - On Wednesdays, all Upper School students will remain at home and follow a schedule that includes more elements of choice, including time for asynchronous learning and online meetings with teachers during office hours.

Long Advisory - Various elements of Advisory will typically occur in Long Advisory due to the greater allowance of time. Attendance is taken at both Advisory and Long Advisory meetings.

Lunch - On those days that students are on campus, students will eat lunch in their Advisory spaces under the supervision of an adult advisor. The time allocated, from 11:40 a.m. to 12:25 p.m., allows Advisory groups to eat and participate in different aspects of the Advisory experience. Depending on the circumstances, lunch will either precede or follow planned Advisory activities. On days that students are engaged in virtual learning from home, they will have the entire 45-minute lunch window to use as they please, with no mandatory online meetings scheduled during this time.

On Campus - Students of a particular grade cohort will report to campus on days marked as being “on-campus” on the schedule. Before departing from home and upon arrival at school, students must complete the necessary health and safety screening protocols to participate in their classes for the day.

Synchronous - Synchronous classes are taught live online on days when Upper School students are scheduled to learn at home. Students will meet their teachers at the appointed time per the schedule in Google Meet for lessons and instructional activities. For example, a class that meets at 8:20 a.m. when a student attends school on campus will also meet at 8:20 a.m. (live online) on the days when the student is engaged in virtual learning from home.

Transition - Transition refers to a five-minute block of time allocated for students on campus to switch from one classroom to another. For those who are engaged in virtual learning from home, transition time provides a small break between online meetings.

Virtual learning from home - Students in a particular grade cohort will not report to campus on days marked “Virtual learning from home.” Instead, these students will follow the schedule and participate in live online meetings.

Wednesday Schedule - Wednesday is an important day for student learning even though students do not report to campus. Wednesdays follow a modified schedule for students to learn from home, providing time for them to work asynchronously, interact with teachers in office hours, and engage in special programs related to character education, social-emotional learning, and other important elements of our program such as college counseling. Where applicable, the schedule will also support students participating in student-led club meetings and extracurricular experiences qualifying for an Activity Credit.

ADDITIONAL DEFINITIONS FOR TERMS ON THE WEDNESDAY SCHEDULE

Activity Credit Period - This time is reserved for students to participate in various extracurricular experiences qualifying for an Activity Credit. A comprehensive list of qualifying activities will be available the first week of school.

Meeting Time - This time is reserved for meetings for both students and faculty. Depending on the week, students may meet by grade level (“class meeting”) or another cohort group such as Advisory. Students may also participate in student-led club activities. Members of the faculty will attend various meetings or other professional activities as scheduled.

Office Hours - Students can meet with teachers by appointment or on a drop-in basis during this time for additional support. All teachers will be available to meet with students during office hours. For students, office hours attendance is optional but may sometimes be assigned as part of an improvement plan provided by the class dean or another Upper School administrator. All office hours meetings will occur online using Google Meet.

Special Programs - This time is reserved for programs that serve different student needs, including college counseling, social-emotional development, academic counseling, health and wellness education, student recognition events, and important community announcements.

UPPER SCHOOL DISTANCE LEARNING

In the event that all Upper School Students need to transition to full-time distance learning, we will follow a daily schedule tailored to that purpose. This distance learning schedule incorporates adjustments and enhancements to our spring program based on student, teacher and parent feedback collected during the fourth quarter of the last school year. Each class would meet four times per week. On Mondays, students would meet in all of their classes for 40 minutes each. Over the course of the rest of the week, each class would occur three additional times. Office hours would be offered four times per week and students would continue to have one Activity Credit period per week.

UPPER SCHOOL DISTANCE LEARNING SCHEDULE

	MONDAY All Classes Meet 40-minutes		TUESDAY 45-min. classes	WEDNESDAY 45-min. classes	THURSDAY 45-min. classes & Activity Credit Period	FRIDAY 45-min. classes
		8:10–8:55 a.m.	Green Period	Period 3	Green Period	Period 3
8:30– 9:10 a.m.	Green Period					
		9–9:20 a.m.	Advisory	Advisory	Advisory	Advisory
9:10–9:20 a.m.	10-minute Break					
		9:20–9:30 a.m.	10-minute Break			
9:20–10 a.m.	Blue Period					
		9:30–10:15 a.m.	Blue Period	Period 4	Blue Period	Period 4
10–10:10 a.m.	10-minute Break					
		10:15–10:25 a.m.	10-minute Break			
10:10– 10:50 a.m.	Period 1					
		10:25–11:10 a.m.	Period 1	Study Hall	Period 1	Study Hall
10:50–11:05 a.m.	15-minute Break					
		11:05–11:45 a.m.	35-minute Lunch			
11:05–11:45 a.m.	Period 2					
		11:45 a.m.–12:30 p.m.	45-minute Period 3 Asynchronous	45-minute Green Period Asynchronous	45-minute Period 5 Asynchronous	45-minute Period 1 Asynchronous
11:45 a.m.– 12:35 p.m.	50-minute Lunch					
		12:30–12:40 p.m.	10-minute Break			
12:35– 1:15 p.m.	Period 3					
		12:40–1:25 p.m.	45-minute Period 4 Asynchronous	45-minute Blue Period Asynchronous	Period 2	45-minute Period 2 Asynchronous
1:15–1:30 p.m.	15-minute Break					
		1:25–1:35 p.m.	10-minute Break			
1:30– 2:10 p.m.	Period 4					
		1:35–2:20 p.m.	Period 2	Period 5	Activity Credit Period	Period 5
2:10–2:20 p.m.	10-minute Break					
		2:20–3 p.m.	40-minute Office Hours	40-minute Office Hours	Activity Credit Period (cont.)/ Office Hours	40-minute Office Hours
2:20–3 p.m.	Period 5					

KEY TERMS AND PHRASES

Activity Credit Period - This time is reserved for students to participate in various extracurricular experiences qualifying for an Activity Credit. A comprehensive list of qualifying activities will be available during the first week of school.

Advisory - In distance learning, Advisory is held every day from Tuesday-Friday for 20 minutes. In distance learning, Advisory is not held on Mondays, when all classes meet (see below).

All Classes Meet - On Monday, all seven class periods meet for a 40-minute live session online, starting with the Green period at 8:30 a.m. Advisory does not meet on Monday. In addition to activating student learning in all subjects at the start of each week, the Monday schedule permits teachers to establish the necessary preconditions for students to complete activities/assignments planned for “asynchronous” meetings scheduled throughout the rest of the week.

Asynchronous - Class meetings designated as “asynchronous” during distance learning will not meet live. Classes not designated as “asynchronous” are live classes during which teachers and students meet as scheduled in an online format. Asynchronous periods designate a time that students should focus on appropriate learning activities to be completed without direct supervision from an adult. Such activities may include any of the following or a combination: assigned readings, pre-recorded videos, interactive online programs, traditional problem sets, skills practice and rehearsal per structured guidelines, self-guided materials or modules, formative assessments, etc. How the asynchronous time is designed will vary based on the specific needs of a particular course.

Break - An interval of 10 or 15 minutes (as specified on the schedule) follows almost every class to provide students an opportunity to rest between online meetings.

On Monday, when all classes meet, a break follows every class meeting except for Period 5, which is followed by a 50-minute lunch instead. Please note on Tuesday-Friday, a five-minute transition from 8:55–9 a.m. follows the end of Green/Period 3 and precedes Advisory.

Lunch - On most days of the week, Tuesday-Friday, 35 minutes will be provided for lunch starting at 11:10 a.m. Please note that there is no additional transition time built in between the end of lunch at 11:45 a.m. and the start of the asynchronous period that follows.

On Monday, when all classes meet, the lunch period runs from 11:45 a.m. to 12:35 p.m. to provide everyone with a longer break from online meetings.

Office Hours - Students meet with teachers by appointment or on a drop-in basis during this time for additional support. All teachers will be available to meet with students during office hours. For students, office hours attendance is optional but may at times be assigned as part of an improvement plan provided by the class dean or another Upper School administrator. All office hours meetings will occur online using Google Meet.

Study Hall - This block of time is designed to provide students with unplanned time to use for asynchronous work of their choice, including homework, skills practice/rehearsal, completing projects, preparing for assessments, and any optional, enrichment activities. Unlike asynchronous meetings, study halls are not attached to the curriculum or schedule for a specific class. Teachers are not expected to meet with students during study halls but should instead be contacted via email.

TECHNOLOGY

TECHNOLOGY TOOLS

Students in grades K-12 will have a thorough introduction to their device and digital citizenship expectations during the first six weeks of school. Lower and Middle School students will be issued iPads while Upper School students will be given a MacBook Air. In classroom spaces, teachers will use a combination of iPads and MacBook Air laptops to conduct lessons and broadcast classes for virtual learners. All video conferencing will occur using Google Meet.

In grades JK-4, students will use SeeSaw to post reflections of their learning. Teachers will also post assignments and checklists to this platform.

In grades 5 and 6, students will use SeeSaw to post reflections of their learning. These students will also use Google Classroom to receive assignments and submit materials to the teacher.

In grades 7-12, students will use a combination of Husky Hub and Google Classroom to manage assignments and resources for lessons.

The School provides a dynamic list of approved apps for student use.

TECHNOLOGY ASSISTANCE

If a student or parent needs help with technology, please send an email to helpdesk@flinthill.org. This address is monitored by multiple members of the technology team throughout the school day. Members of the team are physically on-site in all three divisions and will provide prompt service. Emailing a teacher, divisional office or other team members can slow technical support down as those employees will have to forward your message to helpdesk@flinthill.org and the technology support team will need to determine if that message is a new or duplicate message.

For answers to other academic questions please refer to our [Academic FAQs](#).

HEALTH GUIDELINES

FACE MASKS

Everyone will be required to wear a mask at all times, except in instances in which a teacher or staff member is alone in a classroom or office. In those instances, masks can be removed. There will be opportunities during the day for safe mask breaks for students.

A 3-ply, Flint Hill-branded, washable, cotton-lined mask has been ordered for all Middle and Upper School students and employees for when they want to show their Husky spirit! We are in the process of sourcing comparable masks in child sizes for Lower School students.

When employees and students arrive at school, everyone will go directly to a Temperature Screening Center where they will also be checked to ensure masks are being worn. If a student refuses to wear a mask at school, their parents/guardians will be contacted to pick them up for the day.

FACE MASK INFORMATION FOR LOWER SCHOOL STUDENTS

- Students must wear masks.
- Child-sized disposable masks are available for times when students forget to bring their own.
- Child-sized face shields are available. Students will leave these face shields at school. There may be instances when students are able to sustain more than six feet of distance for a sustained period of time. In those circumstances, and in consultation with the director of health services, face shields may be able to be used alone. The decision to provide face shields for Lower School students was based on what is developmentally appropriate and needed for Lower School students as they learn to read and develop social skills.

FACE MASK INFORMATION FOR MIDDLE AND UPPER SCHOOL STUDENTS

- Students must wear masks.
- Disposable masks will be available for times when students forget to bring their own.
- If a student decides to wear a face shield, a mask is also required.

FACE MASK INFORMATION FOR EMPLOYEES

- All employees must wear masks.
- Disposable masks are available if employees forget to bring their own.
- Flint Hill will provide one [Clear Mask](#) for all teaching faculty.
- If an employee decides to wear a face shield, a mask is also required.

HAND HYGIENE

Students and employees will be encouraged to wash their hands frequently throughout the day and use proper coughing and sneezing etiquette. Hand sanitizer will be available throughout the buildings. Developmentally appropriate hand hygiene signage will be displayed throughout the buildings.

PHYSICAL DISTANCING

An analysis of all of our classroom spaces was conducted with the School's architect and the number of students in a typical size classroom will be limited to 12. Our larger teaching spaces in the Middle and Upper School buildings will be able to accommodate larger groups of students while maintaining appropriate physical distancing. Physical distancing will be promoted with signage and reminders throughout the buildings.

ON-CAMPUS INFORMAL AND FORMAL STUDENT GATHERINGS

All students will go from morning temperature screening directly to their homerooms or advisories. Middle and Upper School students will not be able to gather in common area spaces before, during or after school.

Lower School Inspiration, Middle and Upper School Town Meetings and grade level meetings will not be held in person. All school field trips and overnight trips have been suspended until further notice.

Students will eat lunch with their homeroom or advisory.

TEMPERATURE AND SYMPTOM SCREENING

The average normal body temperature is 98.6° F. Anyone with a temperature of 99.6° F or above will be asked to remain at home because an elevated or rising temperature is often an indicator that something out of the ordinary is going on with the body.

Other COVID-19 specific symptoms to be aware of are non-allergy related cough, sore throat, runny nose, loss of taste and/or smell, shortness of breath, fatigue, head, body and muscle aches, diarrhea and vomiting.

HOME SCREENING

Every morning, everyone must take their temperature. If your temperature is 99.6° F or above please stay at home for the day. Students must have a temperature of 99.6° F or below without fever-reducing medications for 72 hours before returning to school. If your child's temperature continues to rise or other symptoms develop, please contact your healthcare provider. *(Updated 8.14.20)*

SCHOOL SCREENING

Upon arrival at school, every student and employee will enter a physically-distanced indoor Temperature Screening Center which will resemble an airport check-in area. The centers are located in the Upper School Gym, Middle School Commons and Lower School Gym. Temperatures will be taken at screening kiosks that will provide an immediate, contact-free reading.

Any student or employee who displays a temperature 99.6° F or higher, will move to a Health Assessment Area located in the Temperature Screening Center for further evaluation. If necessary, after being evaluated, monitored and rescreened, students and employees may be sent home for the day. In this case parents will be called and expected to return to school immediately to take their student home.

Students must have a temperature of 99.6° F or below without fever-reducing medications for 72 hours before returning to school. *(Updated 8.14.20)*

HEALTH CLINICS

Director of Health Services Mary Hart and three nurses comprise our clinic staff. Each division is staffed with a full-time nurse. Our clinics are being expanded to include separate areas for well patients and sick patients much like you would find at a pediatrician's office.

Understandably, we are all focused on COVID-19. But we are also planning for how we will support students who become generally ill. Anyone who is feeling ill will report to the clinic in their building to be assessed by a member of the nursing staff. Some COVID-19 symptoms such as headaches, dry cough, runny nose, and abdominal pain, are also common symptoms for a number of other illnesses. A nurse will perform a thorough assessment to determine whether the symptoms warrant non-medicinal treatment such as hydration, nutrition or rest and whether the student is able to return to class. If the student needs to recover at home, parents will be called to pick up the student. The nurse will work with families on an individual basis to determine when the student can return to school. If students feel well enough while at home, they can participate as a virtual learner.

MENTAL HEALTH/SCHOOL COUNSELORS

The COVID-19 pandemic is a global event that will result in both individual and collective [mental health effects](#). Commonly observed reactions include panic, depression, hopelessness, anxiety, stress, grief, and PTSD. Some steps that you can take that may help manage collective trauma include: limiting media exposure, staying connected with others, relying on trustworthy information and using mental health resources.

The Counseling staff is available to help and guide all community members during this health crisis.

CONFIRMED COVID-19 EXPOSURE PROTOCOL

If you or someone in your household have been exposed to someone who has tested positive for COVID-19, **you should not come to school** and you will need to quarantine at home for 14 days from your last exposure. Students in quarantine may participate in school from home as virtual learners. If symptoms emerge, you should contact your healthcare provider for guidance.

POSITIVE COVID-19 TEST PROTOCOL

If you or someone in your household tests positive for COVID-19, **you should not come to school**. Please notify Director of Health Services Mary Hart immediately via email at mhart@flinthill.org with “COVID-19” in the subject line or by calling 703.584.2399. Flint Hill’s director of health services will contact the Fairfax County Department of Health to initiate contact tracing.

The School will notify all employees, all parents and all students in grades 7-12 if any on-campus learner/student or employee tests positive for COVID-19. Per HIPAA, no identifying information will be shared. Where necessary, exposed community members will be directed to quarantine. Quarantine groups will shift to virtual learning.

CAMPUS CLEANING

Flint Hill contracts with nationally-recognized Aramark to provide daily cleaning services. Aramark has established COVID-related cleaning protocols for their educational clients and completed training for their staff. Assistant Head of School for Finance and Operations Anne Peterson and Director of House-keeping Thomas Hill have worked to ensure we have the necessary supplies, training and staff to keep our facilities clean. Daytime and evening cleaning routines have been augmented and enhanced for the current school year.

Classrooms and offices are being outfitted with [Virex II 256](#) and a supply of antibacterial microfiber with silver cleaning cloths that are checked daily and replenished as often as needed. These cloths are more effective than wipes or paper towels for capturing and removing dirt, bacteria and germs. Prior to the start of classes, a video on the proper use of these supplies will be shared with employees.

AIR CIRCULATION

Our modern and updated air circulation systems draw air from the outdoors and return air to the outdoors so our buildings are constantly replenished with fresh air. Outdoor air is filtered before it is cooled or heated. Many of our machines are already equipped with MERV (Minimum Efficiency Reporting Value) 13 filters, which specifically filter for virus carriers. Machines with MERV 8 filters will be upgraded to MERV 13 filters before the start of school.

Fresh air flow into a building and enhanced disinfection of surfaces, combined with enhanced air filtration, are measures for mitigating the risk of indoor coronavirus transmission.

For answers to other health questions please see our [Health FAQs](#).

LOGISTICS

IMPORTANT DATES (UPDATED 2020–21 CALENDAR HIGHLIGHTS)

Please click [here](#) for the updated important dates.

SCHOOL DAY START AND END TIMES BY DIVISION

Lower School (Grades JK-6): 8:10 a.m.–3 p.m.

Middle School (Grades 7-8): 7:50 a.m.–3:10 p.m.

Upper School (Grades 9-12): 8:10 a.m.–2:55 p.m.

[Lower School Morning Arrival and Afternoon Dismissal](#)

[Middle School Morning Arrival and Afternoon Dismissal](#)

[Upper School Morning Arrival and Afternoon Dismissal](#)

AFTERCARE

Flint Hill will not be providing AfterCare for Lower and Middle School students during the 2020–21 school year. Families who previously signed up for service have already been notified.

LUNCH

Flint Hill will not be providing lunch service for the 2020–21 school year. All students and employees should pack their lunch and snacks using containers that do not require refrigeration or heating. Students will eat lunch with their homerooms/advisories. Food deliveries are not permitted. The Igloo is closed and Upper School bake sales are not permitted at this time.

BUS SERVICE

Bus service for the 2020–21 school year has been cancelled. Families who previously signed up for service have already been notified.

VISITORS

All visitors are strictly limited. Admission interviews and college visits are being conducted virtually. No lunch deliveries are permitted. Volunteer meetings will be held virtually. To protect the teacher and student cohorts, parent visits inside the buildings should be avoided if at all possible and will be handled on a case-by-case basis.

For answers to other logistical questions please see our [Logistics FAQs](#).

GETTING READY FOR THE START OF SCHOOL

The start of school is always an important transition, this year more than ever. Here are some things you can do now to begin to prepare:

1. **Practice wearing a mask for an extended period of time.** We know many families have been quarantining. Since wearing a face covering isn't required at home, students may not be used to wearing one for multiple hours. If students are already used to this before the start of school, this will support a great transition back to on-campus learning.
2. **Re-establish healthy sleeping routines.** During a regular summer we know it can feel like a jolt to the system to jump back into the school day routine. All of our routines have been up-ended since March. Gradually reintroducing school-year bedtimes will help your family prepare for the start of school. Sleep is vital to physical and mental well-being.
3. **Acquire needed supplies** including face masks, a thermometer and lunch box/container.
4. Check the [Preparing for 2020-21 School Year tile](#) in Husky Hub to ensure all required forms are completed and review the required and recommended Summer Learning and Summer Reading for your child's division.
5. Additional division-specific or grade-specific information will come from the divisional offices.